

September Center Meal Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>HELLO September</p> 			<p>1 Lemon Pepper Whitefish Cilantro Rice Asparagus & Red Pepper Banana</p>
<p>4 </p>	<p>5 Lasagna Garlic Mushrooms Mashed Potatoes Garlic Knot Grapes</p>	<p>6 Baked Salmon Mushroom Marsala Broccoli Creamed Spinach Choc Chip Cookie</p>	<p>7 Garne Guisada Spanish Rice Refried Beans Pita Chips Vanilla Pudding</p>	<p>8 Veggie Fried Rice Spring Roll Green Beans Almondine Fortune Cookie</p>
<p>11 Italian Breaded Chicken Patty Butter Baby Carrots Brussel Sprouts Cornbread Tropical Fruit Cup</p>	<p>12 Beef a Roni Creamed Spinach Garlic Mushrooms Wheat Roll Peach Fruit Cup</p>	<p>13 Arroz Con Pollo Zucchini & Corn Calabacitas Garlic Toast Orange</p>	<p>14 Meatloaf & Gravy Mashed Potatoes Asparagus & Red Pepper Choc Pudding</p>	<p>15 Pasta Marinara Eggplant Veggie Medley Stewed Tomatoes Appletop Crumble Oatmeal Cookie</p>
<p>18 Beef Brisket Garlic Mashed Potatoes Cabbage & Carrots Choc Pudding Apple</p>	<p>19 Chicken Fried Rice Veggie Egg Roll Glazed Carrots Banana Fortune Cooke</p>	<p>20 Steak Burger Patty w/Bun Home Fries Burger Fixings Orange</p>	<p>21 Southern Fried Chicken w/Gravy Mashed Potatoes Green Beans Choc Chip Cookie Yogurt</p>	<p>22 Parmesan Fish Spinach Fettuccini Peppers & Onions Tartar Sauce Sugar Cookie</p>
<p>25 Green Chili Chicken Enchiladas Cilantro Rice Chili Beans Pico De Gallo Apple</p>	<p>26 Chicken Fried Steak w/Gravy Mashed Potatoes Buttered Broccoli Pretzels</p>	<p>27 Beef Fajita Bowl Veggie Mix Refried Beans Tortilla Chips Banana</p>	<p>28 Chicken Tinga Herbed Couscous Brussel Sprouts Choc Muffin</p>	<p>29 Fried Whitefish Cheesy Broccoli Sweet Potato Tots Tartar Sauce Orange</p>

Fellowship Meals are served Monday - Thursday 11:30am - 12:00pm, Fridays 11:00am - 11:30am

LUNCH IS SERVED FOR 1/2 HOUR ONLY

Suggested Donation \$4 • Menus are subject to change