

November MOW Meal Menu

MEALS on WHEELS
BULVERDE SPRING BRANCH

Monday	Tuesday	Wednesday	Thursday	Friday
2 BBQ Chicken Ranch Beans Coleslaw Fruit Cookie	**3** Chicken Parmesan Pasta Green Beans Breadstick Fruit	**4** Tater Tot Casserole Salad Fruit Cookie	**5** Tex Mex Meatloaf Yellow Squash Fruit	**6** Taquito Enchiladas Pinto Beans Guacamole Cup Fruit
9 Chicken Tenders Mashed Potatoes Gravy Corn Roll	**10** Beef Taco Pinto Beans Fruit Cookie	**11** Beef, Bean & Cornbread Casserole Corn Fruit	**12** Creamy Sausage Mushroom Rigatoni Zucchini Breadstick Fruit	**13** Pulled Pork Sandwich Tater Tots Ranch Beans Fruit
16 Frito Pie Corn Fruit	**17** Chicken Sandwich with Fixings Broccoli Salad Pudding Cup	**18** Ham Soup Salad Cornbread Fruit	**19** Shephard's Pie Green Salad Fruit	**20** Turkey Mashed Potatoes Green Beans Cookie
23 Ham & Cheese Sliders Coleslaw Blackeyed Pea Salad Fruit	**24** Cheesy Enchilada Soup Cornbread Fruit	**25** **CENTER CLOSED** Chicken & Waffles Syrup Yogurt Fruit	**26** **CENTER CLOSED** Chicken Cordon Bleu Peas Mango	**27** **CENTER CLOSED** Ham Sweet Potatoes Green Beans Roll Fruit
30 Sweet & Sour Chicken Rice Broccoli Fruit			HAPPY Thanksgiving	

*Menus are subject to change based on product availability.

BULVERDE SPRING BRANCH ACTIVITY CENTER
est. 1991

30280 Cougar Bend, Bulverde TX 78163 • (830) 438-3111 • www.bsbac.com