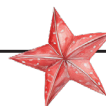


July MOW Meal Menu



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|--|
|  |  | <p>1</p> <p>Cabbage & Sausage Peas Cinnamon Apples Roll Granola Bar</p> | <p>2</p> <p>King Ranch Chicken Pinto Beans Mandarin Oranges Cookie</p> | <p>3</p> <p>CENTER CLOSED Chicken Cordon Bleu Peas Mango Roll (Frozen Meal)</p> |
| <p>6</p> <p>Chicken Tenders Mashed Potatoes w/Gravy Green Beans Biscuit Fruit</p> | <p>7</p> <p>Spaghetti with Meatballs Salad Breadstick Fruit</p> | <p>8</p> <p>Taquito Enchiladas Pinto Beans Mexican Rice Fruit</p> | <p>9</p> <p>Mesquite Grilled Chicken Rice Pilaf Broccoli Fruit</p> | <p>10</p> <p>Waffles Sausage Mixed Berries Yogurt Cup</p> |
| <p>13</p> <p>Sweet & Sour Chicken Rice Broccoli Fortune Cookie</p> | <p>14</p> <p>Tex Mex Meatloaf Green Beans Roll Fruit</p> | <p>15</p> <p>Chicken Salad Three Bean Salad Croissant Fruit</p> | <p>16</p> <p>Southwestern Casserole Buttered Corn Guacamole Fruit</p> | <p>17</p> <p>Chicken Alfredo Normandy Veggies Breadstick Fruit</p> |
| <p>20</p> <p>Ham & Cheese Sliders Cole Slaw Fruit</p> | <p>21</p> <p>Onion Chicken Mashed Potatoes Zucchini Roll Fruit</p> | <p>22</p> <p>Chicken Ceasar Salad Biscuit Fruit Cookie</p> | <p>23</p> <p>BBQ Chicken Sandwich Ranch Beans Cole Slaw Fruit</p> | <p>24</p> <p>Beef & Bean Burrito Pinto Beans Guacamole</p> |
| <p>27</p> <p>Buffalo Chicken Wrap Carrots & Celery with Ranch Dip Fruit</p> | <p>28</p> <p>Picadillo Pinto Beans Guacamole Tortilla Fruit</p> | <p>29</p> <p>White Chili Coleslaw Cornbread Fruit</p> | <p>30</p> <p>Beef & Bean Cornbread Casserole Yellow Squash Fruit Pudding Cup</p> | <p>31</p> <p>Pulled Pork Sandwich Coleslaw Fruit Cookie</p> |



*Menus are subject to change based on product availability.

