

Gifts

WITH A PURPOSE

2025 INDIVIDUAL GIVING CAMPAIGN



Matching
Funds!
YOUR GIFT HAS
DOUBLE THE
IMPACT.



MEALS on WHEELS
BULVERDE SPRING BRANCH

Inside:

SEE HOW YOU CAN MAKE A DIFFERENCE



Dear Members, Supporters, and Friends,

Each day, we are reminded that the true strength of our organization comes from the people who believe in it – people like you. Your generosity, kindness, and faith in our mission make everything we do possible.

We also want to recognize the outstanding leadership of our Executive Director and the incredible team that brings our mission to life each day. Their commitment and innovation continue to move us forward in a rapidly changing world.

When you give, you're not just making a donation, you're helping change lives. You're standing beside us as we reach further, care deeper, and dream bigger for our community.

This year's Individual Giving Campaign is a celebration of that shared spirit. Together, we can continue to make a difference – one act of generosity at a time.

Looking ahead, we are excited about the opportunities and challenges that await us. The Board remains committed to strong governance, financial stewardship, and strategic growth, ensuring that our organization remains impactful and sustainable for years to come.

Thank you for being part of our journey. Your belief in our mission strengthens our resolve and deepens our impact. Together, we are building a brighter future.

With appreciation,
Board of Directors, Bulverde Spring Branch Activity Center



It's Easy to Contribute

WITH THIS GIFT CATALOG

- 1 Choose your gift or gifts on the enclosed order form or scan code
- 2 Select your preferred payment method
- 3 Return your order form and gift in the envelope provided



Lifting Spirits, Changing Lives - One Gift at a Time

I MEALS ON WHEELS



*Most
Needed
Gift!*



Your gift fights hunger and isolation for older adults in our community

Meals on Wheels (MOW) is a service that delivers nutritious meals to people who are homebound due to age, illness, or disability. Volunteers deliver meals to individuals' homes, providing essential nutrition while also offering social contact and a wellness check. More than half of older adults report feeling lonely. For those who are homebound, the holidays can be the most isolating time of the year. Instead of the familiar sounds of family gatherings and laughter, many seniors hear only the echo of empty rooms. For some, the friendly face of a Meals on Wheels volunteer may be the only human contact they have all week.

MOW Bulverde Spring Branch Program Provides:

- Outreach Services
- Christmas Angel Tree
- Food & Supply Drives
- Provisions & Services as needed
- Pets on Wheels: Food & Vet Services

Meals for a Week: \$25

Meals for a Month: \$100

Pet Food for a Year: \$300



No senior should have to wait through silent nights.



**MEALS ON WHEELS
LOVES PETS TOO**
PROGRAM

2 MEMBER SERVICES



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“The Center has made everyday a day to look forward to. We have been coming to the Center for over 20 years and just love it here! We like the choice of activities offered. This place has truly saved us and has given us so much pleasure in life.

The staff is great. This Center is the best!”

~ Al & Charline Cordes, Members

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Your gift helps older adults fight loneliness & isolation

We know there are many benefits, both physical and cognitive, to older adult socialization. Socialization is essential for older adults because staying connected strengthens emotional well-being, reduces loneliness, and supports a healthier, more active life. That is why we offer various opportunities for socializing.

The BSBAC Membership:

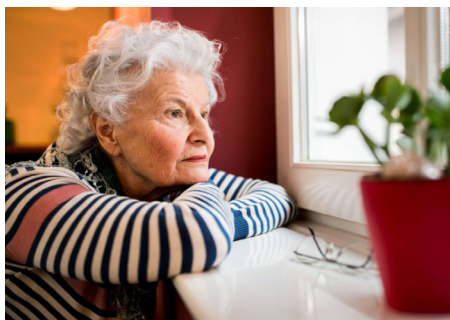
- Daily Fellowship Meals
- Various games including bingo, bunco, card games, dominoes, etc.
- Activities & Events including Arts & Crafts, Book Club, Support Groups, Daytrips, Parties & More
- Educational Opportunities
- Bus transportation to and from the Center

1 Month of Transportation: \$50

Annual Membership for a Couple: \$75

1 Year of Social Activities & Daytrips: \$150

Together – We Can
Make a Difference!



**SOCIAL ISOLATION &
LONELINESS HAS
NEGATIVE EFFECTS**

3 HEALTH & WELLNESS



Your gift helps older adults stay active

We know that increased physical activity leads to overall improved health. Regular exercise helps older adults stay strong, steady, and independent—boosting physical health, mental clarity, and overall quality of life. This is why we offer many different exercise classes throughout the week.

Health & Wellness Programming:

- Balance & Strength classes free to all members
- Over 20 other classes throughout the week including Line Dancing, Pilates, Active Aging Strength, Zumba, Chair Yoga & Self Defense
- State-of-the-art EGYM Strength Equipment
- Cardio equipment including treadmills, stationary bikes, and elliptical machine

1 Month of Fitness Classes & EGYM: \$35

6 Months of Fitness Classes & EGYM: \$200

EGYM

fit for life

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"I started coming to the Center in March of 2024. In this past year, through line dancing and balance & strength classes; I have improved my bone density, reduced my cholesterol, and taken off weight. I have met many new friends, taken advantage of the day trips, and enjoyed using the EGYM strength equipment. Having the equipment personalized to me and it remembering all my settings is just fabulous. It makes it so easy and simple to use!"

~Kitty Baker, Member

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Active Living - Lifelong Connections

We're Creating a Home Away From Home

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“Because of my limited mobility and neuromuscular disorder, I had trouble cooking for myself. My daily diet consisted of coffee, peanut butter & jelly and a bag of popcorn. I was not in a good place emotionally and was feeling helpless and hopeless. When I began receiving Meals on Wheels, it felt like I had a purpose to get up in the morning because I knew someone was coming each day. To know that I had a meal and all I had to do was eat it, was so amazing. Each of the drivers are so kind and compassionate. I am so thankful for MOW.”

~ Linda Christner, MOW Client

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4 WHERE MOST NEEDED



Your gift helps us continue our mission

“The mission of the Bulverde Spring Branch Activity Center is to facilitate active aging and enhance the quality of life for older adults in our communities.”

One of Everything: \$1,435

Your Gift of Any Amount: \$ _____

Most
Popular
Gift!



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“I appreciate all they do. Including, in addition to the meals, so many things, like dropping off an unexpected heater when there was icy weather. And all the time and trouble spent on acquiring Angel Tree gifts. Best of all, just seeing their smiling faces and hearing their kind comments when they bring the meals. It lights up my day each time they bring my food.”

~ Darlene Trounson, MOW Client

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Gifts WITH A PURPOSE

2025 IGC GIVING FORM



Please fill out form and return with your gift in the envelope provided.

GIFT	GIFT AMOUNT	TOTAL
1. Meals on Wheels	☐ 1 Week of Meals \$25 ☐ 1 Month of Meals \$100 ☐ 1 Year of Pet Food \$300	\$ _____
2. Member Services	☐ 1 Month of Transportation \$50 ☐ 1 Annual Membership for a Couple \$75 ☐ 1 Year of Social Activities & Daytrips \$150 ☐ 1 Year of all Membership & Activity Fees \$500	\$ _____
3. Health & Wellness	☐ 1 Month of Fitness Classes & EGYM \$35 ☐ 6 Months of Fitness Classes & EGYM \$200	\$ _____
5. Where Most Needed	☐ Your Gift of Any Amount ☐ 1 of Everything: \$1,435	\$ _____



My Total Gift \$ _____

You Can Also Contribute Online

<https://givebutter.com/IGC2025>



Thank you for your support!

MAIL FORM IN ENVELOPE PROVIDED TO:
 Bulverde Spring Branch Activity Center
 PO Box 353, Bulverde TX 78163

Your gift to the BSBAC/Meals on Wheels Bulverde Spring Branch is tax deductible as allowed by law. You will receive an email receipt. The Bulverde Senior Center (BSC) and Bulverde Spring Branch Activity Center (BSBAC) is a non-profit 501 (c) 3 organization.



You Can Also Contribute Online

<https://givebutter.com/IGC2025>



MEALS on WHEELS
BULVERDE SPRING BRANCH



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