



# Weekly ACTIVITY SCHEDULE

## MONDAY

- 9:00am Wood Carving
- 10:00am Dominos: Mexican Train 1 (1st & 3rd Mon)
- 11:30am Fellowship Meal
- 12:00pm Swoop Card Game (1st & 3rd Mon)
- 12:35pm Bunco (2nd & 4th Mon)
- 1:00pm Bridge Foursome (1st & 3rd Mon)
- 2:30pm Table Tennis

## TUESDAY

- 11:00am Mah Jong
- 11:30am Fellowship Meal
- 1:00pm Bingo

## WEDNESDAY

- 9:00am Bridge
- 10:00am Brunch Bingo (1st Wed)
- 10:00am Card Creations (2nd Wed)
- 11:30am Fellowship Meal
- 12:00pm Advanced Poker Group
- 12:00pm Beginning Poker Group
- 12:00pm Knitting/Crochet/Sewing Group
- 1:00pm Book Club (1st Wed)
- 2:00pm Caregiver Support Group (3rd Wed)

## THURSDAY

- 9:00am Wood Carving
- 9:30am Canasta Hand & Foot  
*Tables drawn @ 9:45am*  
*Play begins @ 10:00am*
- 11:30am Fellowship Meal
- 12:00pm Mindful Meditation
- 2:00pm Dementia Support Group (2nd Thur)
- 2:00pm Loss Support Group (4th Thur)

## FRIDAY

- 10:00am Downsizing Workshop (1st & 3rd Fri)
- 11:00am Tech Support Class (2nd & 4th Fri)
- 11:00am Fellowship Meal
- 12:15pm Bingo

