

# 22nd Annual Run for the Hills

5K • 10K • 1 Mile Fun Run/Walk

## Race Registration Form

Please complete one form for each participant.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

D.O.B.: \_\_\_\_\_ Age on race day: \_\_\_\_\_

5K     10K     1 Mile Fun Run/Walk    Fee Due: \$ \_\_\_\_\_

SCHOOL /BUSINESS/TEAM REPRESENTED: \_\_\_\_\_

SHIRT SIZE—Unisex Sizing \*\* (circle one) - Adult: S M L XL XXL Youth: S M L

**\*\* T-shirt is only guaranteed if registered by April 23rd**

**Sleep Walker:** \$25.00 to support the Bulverde Spring Branch Activity Center Run for the Hills. I will pick up my shirt but skip the run!

Waiver: I know that this event is a potentially hazardous activity. I should not enter this event unless I am medically able and properly trained. I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue any person or organization or sponsor of participant for and all claims of liability for death, personal injury or property damage of any kind or nature whatsoever arising out or in the course of my participation in this event. This full and final release and waiver extends to all claims whatsoever, foreseen or unforeseen, known or unknown. Applicants under the age of 18 must have a parent/guardian sign this form. Entry fees are not refundable. No scooters, bicycles, etc. allowed on race route.

Athlete's Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_

- Medals for 1<sup>st</sup> Overall Male and Female
- Medals for top 3 in each age group by gender for 5K/10K Run
- Trophies awarded for Highest School Participation
- Trophies awarded for Highest Business/Team Participation
- Ribbons for all participants in 1 mile fun run/walk



**BULVERDE  
SPRING BRANCH  
ACTIVITY CENTER**  
SERVING ADULTS 50+

**Proceeds benefit the Bulverde Spring Branch Activity Center**

*The mission of the Bulverde Spring Branch Activity Center is to facilitate active aging and enhance the quality of life for older adults in our communities.*

The Bulverde Spring Branch Activity Center is a 501 (c) 3 Non-Profit organization and receives no city, county or federal funding.

Learn more at [www.bsbac.com](http://www.bsbac.com).

### WHEN

**Saturday, May 1, 2021 at 7:00am**

7:00am - 7:30am Packet Pickup

Race Start Times based on event:

8:00am - 1 Mile Starts

8:30am - 5K/10K Starts

### WHERE

**Bulverde Spring Branch Activity Center**

30280 Cougar Bend, Bulverde, TX 78163

830-438-3111

### REGISTRATION

#### ONLINE

[www.athleteguild.com](http://www.athleteguild.com)

*Run for the Hills*

**Online registration thru 4/30 at 12pm**

#### IN-PERSON REGISTRATION

*Bulverde Spring Branch Activity Center*

30280 Cougar Bend, Bulverde, TX 78163

#### EARLY PACKET PICKUP

*Bulverde Spring Branch Activity Center*

30280 Cougar Bend, Bulverde, TX 78163

April 29 & 30, 9 am – 7 pm

#### REGISTRATION FEE

**Through April 30th**

5K - \$25

10K - \$35

1 Mile Fun Run - \$10 (without shirt)

**No Race Day Registration!**

**\$5 Military Discount (active/retired with valid ID)**

*Cash/Check/Credit Cards accepted*